

2017 OCTOBER EDITION



ARROW HEIGHTS  
ELEMENTARY  
Cooperation Achievement Respect Enthusiasm Safety

Principal: Mme. Tedesco

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## IT'S OCTOBER ALREADY!

Thanks to everyone for busy fun- filled September. Students and staff are settling into our school routine and experiencing many fun learning opportunities. Our Kindergarten and Grade 1 classes are doing well and it's great to see their excited faces each morning. Our Grade 2/3 classes took part in the Fish fest and had a great time. Our Grade 4/5 class is laying the ground work for Intergenerational learning at Mt Cartier court, and our 5/6 and 6/7 classes are busy launching the bird project which integrates many subject areas such as science and art. As a teaching staff, we will be working on establishing our school goals and working on inquiry collaborative groups to help support student learning in our school. Arrow Heights is also gearing up for some community events which include our Thanksgiving dessert celebration and of course Halloween! Wishing you all a wonderful fall!

Mme. Tedesco☺



## RENOVATIONS

Our exterior renovations are now almost complete and our school looks fantastic. Interior renos will continue into the month of October. Thanks again for your patience!





## TERRY FOX RUN

WAY TO GO ARROW HEIGHTS! We raised \$502.00 for the Terry Fox Foundation for cancer research. Thanks for making the run such a great success!

### PICTURE DAY-

**OCTOBER 19**

Get ready to smile because picture day is on its way!



**GATHER  
TOGETHER  
GIVE  
THANKS  
EAT PIE**

AMANDACATHERINE DESIGNS

### THANKSGIVING LUNCH AND DESSERT

On Friday October 6, the entire Arrow Heights community will be meeting in the gym at lunch to give thanks for our many blessings as a school. Our PAC has graciously offered to provide our dessert (pumpkin or apple pie). We are very grateful for what we have here at AHE. THANK YOU TO ALL!

**No Child Without®** is a charitable program that offers all elementary school aged children with medical conditions or allergies, free MedicAlert protection regardless of their financial resources. Our vision is to help protect the estimated 300,000 children with medical conditions across Canada by offering No Child Without® to all 12,000 elementary schools over the next 5 years. Please drop into the school office for more info.





## COSTUME PARADE AND DANCE

Our annual costume parade will be held in the gym at 1pm on October 31. Students are encouraged to dress up for Halloween. Please be aware that costumes with excessive blood and gore are discouraged as they frighten the little ones. Students with full face masks are invited to wear them during the parade but are asked to remove them during school time. A dance will follow for our students in the gym. All parents are welcome to attend and check out the costumes.

## SCHOOL FRUIT AND VEGETABLE PROGRAM

We are once again offering the **BC School Fruit and Vegetable program** supported by the BC Agriculture in the Classroom Foundation. By participating in this free program we expect our students will gain knowledge of the health benefits of local fruits and vegetables.



## PARKING LOT SAFETY



We encourage students to walk or ride their bikes. If your schedule requires that you need to drive your child to school, we ask that you please park only in the designated areas. The front of our school is a designated **Idle Free Zone** – please turn your vehicle off if stopping for any length of time. Please ensure your child is wearing an approved helmet when riding bikes to and from school. Students (and parents) are expected to walk their bikes across school grounds before, during and after school. PLEASE MAKE EVERY EFFORT TO USE THE SIDEWALKS AND WAIT OUT OF THE PARKING LOT IN THE INTEREST OF SAFETY.

## HEAD LICE

Head lice is common in school-aged children. **Head lice Do Not cause disease.** Itchiness from head lice can be irritating and uncomfortable for children. Head Lice spread easily to others, so it's important for families to help prevent and control its spread. Outbreaks are more common following vacations. **How to Prevent Head Lice:**

- Please **check** your child's **head every week** for head lice
- Teach your child **not to share head gear** (i.e. hats, hair accessories, scarves, helmets, combs)

If you would like more information on head lice and treatment, please call the school, a Public Health Nurse at your Health Centre/Unit or go to [www.interiorhealth.ca](http://www.interiorhealth.ca)





## **BASKETBALL SEASON**

Basketball Season will be starting in November for any Grade 6/7 students interested in playing. If you enjoy playing basketball or know of someone who does please speak to Ms. Tedesco. Go AHE Go!

## **PARENT ADVISORY COUNCIL**

Crisp mornings and bright days! Welcome to October, and all the great events at AHE this month. Elections were held at our last meeting and here is your PAC executive:

**Janet Delesalle – Chair    Koreen Morrone – Vice Chair    Courtney Beruschi – Treasurer    Tanya Traverse – Secretary**

Thank you to all the parents who came out to participate in this process. It is so inspiring to have so much parent participation. In addition to elections, various committees were formed. These include a hot lunch committee as well as a Christmas Craft Fair committee. If you have any ideas or suggestions, please feel free to contact any PAC member. If you still need labels for your child's school gear, be sure to check out Lovable Labels. It's a great way to support your PAC. Our next meeting is November 6th at 6:30. Child minding is provided – hope to see you there! The AHE PAC is also hosting the Scholastic Book Fair which will coincide with Family Conferences held on November 7 and 8<sup>th</sup>. Happy Thanksgiving and have a great October!

## **DID YOU SAY BIRDS?**



This school year the grade 5/6 and 6/7 classes are doing a project called 'Wildland Wonders'. So far we have each chosen a wetland bird, sewed artist bags and have ridden our bikes to the wetland with binoculars. Before we did all of that we played binocular games in our school's back field to learn how to use them.

By: Natalia Morrone and Anya Jones



## LIBRARY NEWS

Mrs. Draboczi is launching Library Quest! Bring in your photos or send your photos to [gdraboczi@sd19.bc.ca](mailto:gdraboczi@sd19.bc.ca) You have until October 23<sup>rd</sup>.



## Important Upcoming Dates:

- October 5-** Cross country run at CPE
- October 6-** Thanksgiving celebration @ lunch in gym- Dessert by AHE PAC (bring a fork )
- October 10-** Thanksgiving Day- no school
- October 12-** Canada 150 AQUAVAN comes to AHE
- October 18-** POPS – Reading focus 5:45
- October 19-** PICTURE DAY FOR STUDENTS  
Cross-Country run @ Nels Nelsen loop
- October 20-** Pro-d Day- no school for students
- October 31-** Halloween Costume Parade @ 1:00pm (parents welcome)  
Halloween dance to follow @ 1:30pm
- November 7-8** Family Conferences and Scholastic Book Fair

A graphic for 'ESEL CORNER' from BC DOCTORS OF OPTOMETRY. It features the text 'ESEL CORNER' in large letters, with 'Your Eye See ... Eye Learn® &amp; Children's Vision News' below it. There is a small icon of a book with a green cover. Below the graphic is a photo of a young girl with glasses smiling at a desk. The text below the photo reads: 'Dear Eye See ... Eye Learn® school district, We hope everyone enjoyed their first month back at school. Welcome to the first issue of the ESEL Corner newsletter. The ESEL Corner was created so we can provide you with news and updates on children's vision and ESEL. All the BC Doctors of Optometry offices, we have been busy assembling, packing, and distributing ESEL brochures to 10 school districts in B.C. - that's over 25,000 kindergarten students! This year's program begins on September 5, 2017 and will end on August 31, 2018. Included in this email are some downloadable ESEL resources. Please share the ESEL Corner with your schools so they can receive these updates and resources as well. We look forward to collaborating with our doctors of optometry and corporate partners in providing free comprehensive eye exams and, if prescribed, free eyeglasses, so that every kindergarten child can see and learn to the best of their ability. Stay tuned for more exciting updates ahead, dear friend!' The footer of the graphic says 'BC DOCTORS OF OPTOMETRY' and 'School Edition | Issue 01 | Winter 2017'.